

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.50 - 12.40****Event 209 Women 72-99 200 LC Meter Medley Relay**

1	Cardiff Mast	C	2:14.24
	1) Avani Gill W23	2) Catrin John W24	
	3) Nadine James W27	4) Emma Gage W27	
	33.25	36.51	31.24 33.24
2	Chirk	A	2:27.91
	1) Vikki Courtman W31	2) Elain Owen W20	
	3) Sinead Baker W26	4) Kim Collins W59	
	40.22	39.96	35.58 32.15

Event 209 Women 100-119 200 LC Meter Medley Relay

1	Cardiff Mast	A	2:08.23
	1) Alexandra Szuplewski W27	2) Rhian Jones W25	
	3) Isabella Centeleghe W29	4) Hannah Palfrey W32	
	32.66	38.81	28.98 27.78

Event 209 Women 120-159 200 LC Meter Medley Relay

1	Cardiff Mast	B	2:21.47
	1) Grace Robinson W31	2) Melissa Jones W30	
	3) Bronwen Harry W31	4) Carys Thomas W28	
	36.64	43.03	30.68 31.12
2	Swansea Mast	A	2:25.61
	1) Claire Williams W32	2) Jordanna Roberts W43	
	3) Verity Cook W30	4) Catherine Moore W26	
	37.38	39.59	34.59 34.05
3	Wrexham	A	2:30.03
	1) Cari Jones W20	2) Megan Roberts W18	
	3) Megan Smith W20	4) Keira Lee W20	
	37.80	45.89	32.11 34.23

Event 209 Women 200-239 200 LC Meter Medley Relay

1	Swansea Mast	B	2:49.28
	1) Geertje Van Keulen W56	2) Caroline Jupp W63	
	3) Bethan Raby W52	4) Kim Adair W61	
	44.59	46.45	40.61 37.63

Event 209 Women 280-319 200 LC Meter Medley Relay

1	Mid Sussex	A	3:11.00
	1) Kathleen Bidnall W70	2) Rose Dudeney W78	
	3) Alison Gwynn W77	4) Mary Johnson W75	
	43.33	58.85	48.97 39.85